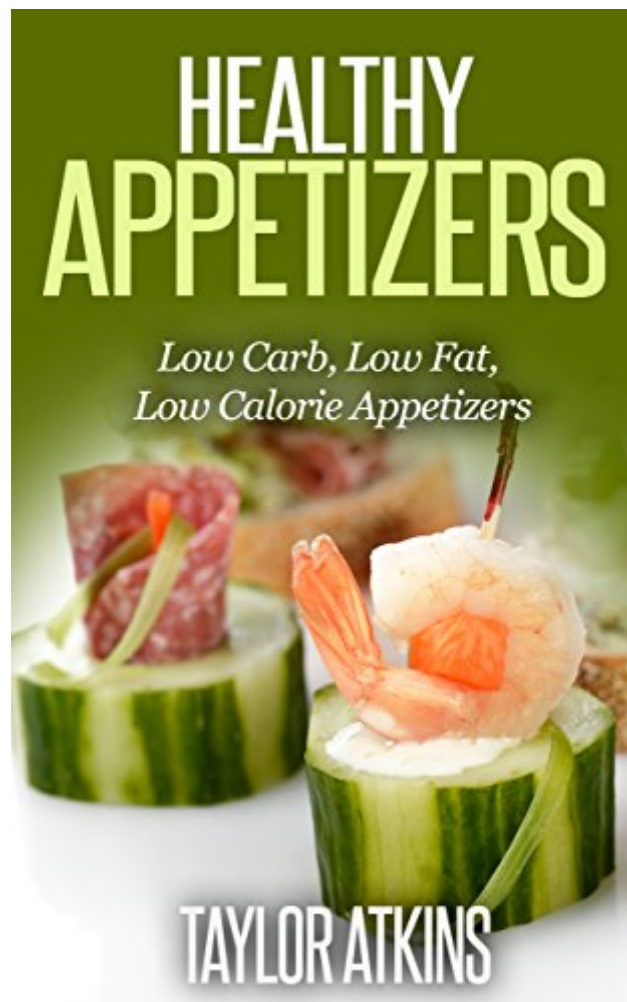


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# **Healthy Appetizers: Easy To Make. Low Carb, Low Fat, Low Calorie Appetizers (Atkins Diet, Dash Diet, Ketogenic Diet, Keto, Candida, Lyme Disease, Fibromyalgia, south ... Beach Diet, TLC Diet, Gluten Free, Paleo)**





## Synopsis

Be the hit of the next big event!! Make appetizers that taste amazing and are actually AMAZING FOR YOU!! Today only, get this bestseller for just \$0.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device. Hosting parties, or going to gatherings can be a stressful time. We want to find something to make that not only tastes good, but is easy to make!! Over and above this, we NEED to find recipes that are healthy for our waste line! This book has all of these categories covered. With this recipe book you will be a hit at any party guilt free!! Each of these recipes takes minimal time in the kitchen, and even less ingredients. Enjoy these savory appetizers without having to worry about hitting the gym the next day to burn them off!! Here Is A Preview Of What You'll Get hCreamy Mushroom Phyllo TrianglesNori Radish ToastsHerbed CheesecakesCreamy Carrot and Sweet Potato Soup Candied Walnut, Pear, and Leafy Green SaladOrange Salad with Arugula and Oil-Cured OlivesMini Smoked Salmon PizzasAvocado BruschettaCherry Tomatoes Filled With Creamy Pesto CheeseSpinach-Artichoke Dip with BaconMuch, much more!Download your copy today!Take action today and download this book for a limited time discount of only \$0.99! Tags: Atkins, Atkins Diet, Paleo, Paleo Diet, TLC diet, DASH diet, Low carb diet, low fat diet, easy recipes, healthy recipes, healthy appetizers, quick appetizers, low calorie appetizers, healthy hosting, holiday appetizers, summer entertaining, candida, lyme disease, fibromyalgia,

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## Customer Reviews

I have always loved the appetizers more than the food it self but I am always burdened mentally while eating them because of their high calorie content and thus the weight gain that they cause. But this book has resolved some of my problem by providing some wonderful recipes for healthy appetizers. Lucky to have it !

Double Cheese Pizza Bites anyone? Just kidding.. they are all mine! As with most of these amazing appetizers I make them and want to eat them all, sharing only if a family member happens to be around! If you make these, double or triple the recipes if you'll actually have guests around! LOL!

Easy Healthy appetizers for everyone. Good directions and easy ingredients.

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Healthy Appetizers: Easy to Make. Low Carb, Low Fat, Low Calorie Appetizers (Atkins diet, dash diet, ketogenic diet, keto, candida, lyme disease, fibromyalgia, south ... beach diet, TLC diet, Gluten Free, Paleo) South Beach Diet: South Beach Diet Recipe Book: 50 Delicious & Easy South Beach Diet Recipes (south beach diet, south beach diet recipes, south beach diet beginners guide, south beach diet cookbook) Negative Calorie Diet: Calorie Zero to Size Zero!: (Negative Calorie, Negative Calorie Diet, The Negative Calorie Diet, Negative Calorie Foods, Negative Calorie ... in a week, the negative calorie diet book) South Beach Diet: The SOUTH BEACH DIET Beginners Guide - How To Lose Weight And Feel Awesome With The South Beach Diet!: (south beach diet, south ... diet recipes, south beach diet cookbook) KETOGENIC DIET: KETOGENIC DIET FOR BEGINNERS: KETOGENIC COOKBOOK: 450 Best Ketogenic Diet Recipes (keto, keto clarity, ketosis, ketogenic desserts, ketogenic ... diet plan, ketogenic diet for weight loss) Candida: Cleanse Your Body And Cure Candida Forever (Candida, Yeast, Fungi, Gluten Free, Gluten Intolerance, Wheat Free, Wheat, Belly, Grain, Brain, autoimmune, Atkins, celiac, lyme) Paleo Diet: 365 Days of Paleo Diet Recipes (Paleo Diet, Paleo Diet For Beginners, Paleo Diet Cookbook, Paleo Diet Recipes, Paleo, Paleo Cookbook, Paleo Slow Cooker, Paleo For Beginner, Paleo Recipes) Ketosis: Keto: Ketogenic Diet: Ketogenic Ice Creams: Lose Fat Quickly with Top 50 Keto Ice Cream Recipes (diabetes, diabetes diet, paleo, paleo diet, low carb, low carb diet, weight loss Book 1) Dash Diet: Dash Diet

For Weight Loss: Your Dash Diet Cookbook And Guide, Lose Weight Fast, Lower Blood Pressure, And Live A Healthy Life (Dash Diet, Dash ... For Weight Loss, Dash Diet For Beginners) South Beach Diet: The South Beach Diet Beginners Guide to Losing Weight and Feeling Great! (south beach diet, south beach diet beginners guide, south beach diet recipes) South Beach Diet: A Beginners Guide For Using The South Beach Diet For Quick, Easy and Healthy Weight Loss (Dieting, Weight Loss, South Beach Diet, South ... Diet Cookbook, South Beach Diet Kindle) Low Carb Diet - Top 200 Low Carb Recipes Cookbook: (Low Carb, Budget Cookbook, Low Carb Diet, Low Carb Recipes, Atkins Diet, Low Carb Slow Cooker Recipes, Low Carb Living) The South Beach Diet: A Guide for Faster Weight Loss and Healthy Lifestyle with Easy Meal Plan Recipes (South Beach Diet Meal Plan, South Beach Diet Gluten Solution, South Beach Diet Recipes) Keto Diet: 60 Delicious Ketogenic Diet Recipes: 30 Days of Keto Lunch & Dinner + FREE GIFT! (Ketogenic Cookbook, High Fat Low Carb, Keto Diet, Weight Loss, Epilepsy, Diabetes) Low Carb: Low Carb, High Fat Diet. The Winning Formula To Lose Weight (Healthy Cooking, Low Carb Diet, Low Carb Recipes, Low Carb Cookbook, Eat Fat, Ketogenic Diet) Low Carb High Fat Cookbook: Bacon, Butter & Coconut Oil-101 Healthy & Delicious Low Carb, High Fat Recipes Perfect For the Paleo Diet, Atkins Diet, Low ... Paleo Cookbook, Gluten Free Cookbook) Ketogenic Diet: Ketogenic Catastrophe: Avoid the Ketogenic Diet Mistakes (ketogenic diet for weight loss, diabetes, diabetes diet, paleo, paleo diet, low carb, low carb diet, weight loss) Ketosis: Keto: Ketogenic Diet: Ketogenic Bootcamp: Lose 22 Pounds in 30 Days with Easy & Quick Ketogenic Recipes (diabetes, diabetes diet, paleo, paleo ... carb, low carb diet, weight loss Book 1) Ketogenic Diet: 13 Common Ketogenic Diet Mistakes You Need to Avoid (ketogenic diet, ketogenic diet for beginners, ketogenic cookbook, ketogenic diet recipes, ketogenic diet mistakes,ketogenic plan) Low Carb Diet Book Collection: 90 Amazing Recipes - Low Carb Casseroles, Low Carb Soups, Low Carb Fat Bombs and Low Carb Ice Cream: (Fat Bomb Recipes, ... healthy eating recipes, ketogenic desserts)

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